



The Patient Protection and Affordable Care Act

Promoting Prevention and Improving Public Health

The Patient Protection and Affordable Care Act promotes preventive health care and improves the public health to help Americans live healthy lives and help restrain the growth of health care costs over time.

Remove Financial Barriers to Preventive Care and Encourage Prevention

- ✓ The Patient Protection and Affordable Care Act will eliminate any co-pays or deductibles for recommended preventive care and screenings, such as cancer screenings and mental health screenings.
- ✓ The Patient Protection and Affordable Care Act will also authorize states to purchase adult vaccines under Centers for Disease Control and Prevention (CDC) contracts and authorize a state demonstration program to improve immunization coverage.
- ✓ An oral health care prevention education campaign at CDC will target key populations, including children and pregnant women.

Promote Prevention and Wellness for Seniors and Older Americans

- ✓ The Patient Protection and Affordable Care Act will provide seniors with free annual wellness visits and personalized prevention plan services under Medicare.
- ✓ Grants to states or large local health departments will help to run programs for Americans ages 55 to 64 to evaluate chronic disease risk factors, conduct evidence-based public health interventions, and help at-risk individuals receive clinical treatment.

Empower Individuals to Make Healthy Decisions

- ✓ The Patient Protection and Affordable Care Act will create a web-based prevention tool to help individuals make informed health decisions and create a personalized prevention plan.
- ✓ Certain chain restaurants will be required to display calories on menus and menu boards and to provide specified nutritional information upon request.
- ✓ Appropriations for a pilot program will test the impact of providing individualized wellness plans to at-risk populations who use community health centers.

Invest in a National Prevention and Public Health Fund and Strategy

- ✓ The National Prevention, Health Promotion and Public Health Council will promote healthy policies and innovation at the federal level.
- ✓ The Prevention and Public Health Fund will provide an expanded and sustained national investment in prevention and public health programs.
- ✓ The Patient Protection and Affordable Care Act will direct the creation of a national prevention and health promotion strategy.
- ✓ The independent Community Preventive Services Task Force will be expanded to review scientific evidence on the effectiveness and appropriateness of community preventive interventions.

Educate Individuals and Communities on Disease Prevention and Health Promotion

- ✓ The Patient Protection and Affordable Care Act will authorize funds to create a national public-private partnership that addresses prevention and health promotion outreach and to launch an education campaign that raises public awareness on health improvement across all ages. The campaign will address proper nutrition, regular exercise, smoking cessation, and the five leading causes of death in the United States.
- ✓ A national science-based media campaign will advance health promotion and disease prevention.

Award Grants that Promote Individual and Community Health

- ✓ The Patient Protection and Affordable Care Act will authorize competitive grants to entities at the state and local level for programs that promote individual and community health by reducing chronic disease rates, addressing health disparities, and developing a stronger evidence-base of effective prevention programming.
- ✓ The CDC will support research of community preventive interventions.
- ✓ The Patient Protection and Affordable Care Act will appropriate \$25 million for fiscal years 2009 through 2013 for the Childhood Obesity Demonstration Project (established in the Children's Health Insurance Program Reauthorization Act) to award grants to develop a comprehensive and systematic model for reducing childhood obesity.

Promote Workplace Wellness

- ✓ The Patient Protection and Affordable Care Act will allow employers to offer premium discounts and other awards for up to 30 percent of the total premium to individuals who satisfy a health standard and includes provisions to ensure that discriminatory practices do not occur.
- ✓ The CDC will study, evaluate, and educate employers of the benefits of worksite health promotion.

Improve Access to Preventive Services for Medicaid Participants

- ✓ The Patient Protection and Affordable Care Act will encourage states to improve coverage of and access to recommended preventive services and immunizations. At a minimum, states will provide Medicaid coverage for comprehensive tobacco cessation services for pregnant women without cost-sharing.
- ✓ States that offer Medicaid coverage for all U.S. Preventive Services Task Force recommended services and immunizations recommended by the Advisory Committee on Immunization Practices (ACIP) without cost-sharing for such services will receive a one percentage point increase in their federal medical assistance percentage (FMAP).
- ✓ The Patient Protection and Affordable Care Act will offer incentives to Medicaid beneficiaries who successfully complete certain healthy lifestyle programs targeting chronic disease risk factors, such as high blood pressure, high cholesterol, and diabetes.
- ✓ The Secretary of Health and Human Services will issue guidance to states and health care providers about Medicaid's coverage of obesity-related services and preventive services.